



Dear Patient:

The radiologist has reviewed your mammogram and/or breast ultrasound and has made a recommendation for you to have either a breast core needle biopsy or breast cyst aspiration. Since you have elected to have this procedure at our facility, the following information will be helpful to you.

- Date _____ and time _____ of procedure
- Take two Tylenol/acetaminophen 30 minutes prior to the procedure.
- Five (5) days before your appointment, please stop using aspirin, ibuprofen or other anti-clotting drugs IF INSTRUCTED TO DO SO.
- We will contact your insurance company to inform them of your scheduled procedure and to obtain precertification if necessary. If you have any questions regarding your insurance coverage, please contact your insurance company directly.

In addition, on the day of your procedure:

- You may eat and drink as normal.
- Take your routine medications at the scheduled time, unless indicated differently as above.
- Dress comfortably, preferably something that unbuttons in the front, and in two pieces, top and bottom.
- Arrange your schedule to avoid vigorous exercise and sports for 24 hours after the procedure. (You do not want to lift anything over 10 pounds.)
- Please bring a driver with you.

We send our specimens to Bloomington Hospital for processing, and they will charge you separately for the pathology fee. We will provide Bloomington Hospital with billing and insurance information.

If you have any questions, please contact our office at (812) 333-7675.